

Brand Name: MADUHAR POWDER

Composition: An Ayurvedic Diabetic Care Supplement with Gudmar +Karela +Neem & Guduchi Extract Powder.

Dosage Form: POWDER

Category: AYURVEDIC HERBAL DIABETIC CARE SUPPLEMENT

Packaging Type: HDPE Jar Pack

Packaging: 200 GM

Brief Product Introduction:

MADUHAR is a powerful Ayurvedic formulation manufactured by **AstraEureka Pharmaceutical**, a renowned **manufacturer of composition** specializing in herbal extracts. This unique blend of more than 25 time-tested herbs is tailored to support natural glucose metabolism, maintain healthy insulin function, and promote overall wellness. The powder includes clinically significant ingredients like Gudmar, Karela, Jamboo, Neem, Triphala, and Guduchi known for their traditional efficacy in managing diabetes and metabolic health.

Composition:

Each 100 gm powder contains:

- Gudmar (Gymnema Sylvestre) Fruit A.B.....10%
- Jamboo (Syzygium Cumini) Beej A.B.....10%
- Guduchi (Tinospora Cordifolia) Stem A.B..... 04%
- Karela (Momordica Charantia) Fruit A.B..... 10%
- Neem (Azadirachta indica) Leaf A.B.....01%
- Triphala (Formulation BHP).....08%
- Vijaysar (Pterocarpus Marsupium) Heartwood A.B.....10%
- Taj (Cinnamomum Tamala) Bark A.B.....02%
- Haldar (Curcuma Longa) Rhizome A.B.....05%
- Methi (Trigonella Foenumgraecum) Seed A.B.....05%
- Arjun (Terminalia Arjuna) Bark A.B.....02%
- Indrajav (Holarrhena Pubescens) Seed A.B..... 02%
- Shilajit Powder A.B..... 01%
- Ativish (Aconitum Heterophyllum) Root A.B..... 01%
- Sargavo (Moringa Oleifera) Wholeplant A.B.....05%
- Mari (Piper Nigrum) Seed A.B..... 01%
- Tulsi (Ocimum Sanctum) Leaf A.B.....01%
- Mulethi (Glycyrrhiza Glabra) Root A.B.....01%
- Aloe vera (Aloe Barbadebasis) Leaf A.B.....02%
- Punarnava (Boerhavia Diffusa) Root A.B.....05%
- Anardana (Punica Granatum) Seed A.B.....02%
- Atibala (Abutilon Indicum) Seed A.B.....02%

- Gambhri (Gmelina Arborea) Fruit A.B.....02%
- Mamejo (Enicostemma Littorale) Panchang A.B.....06%
- **Excipients:** Aspartame IP – q.s., Maltodextrin IP – q.s.
- **Preservative:** Sodium Benzoate IP – q.s.

Key Ingredients:

1. **Gudmar (*Gymnema Sylvestre*):** Known as the “sugar destroyer,” helps reduce sugar absorption in the intestine.
2. **Karela (*Momordica Charantia*):** Contains polypeptide-p, an insulin-like compound that supports glucose control.
3. **Jamboo (*Syzygium Cumini*):** Possesses hypoglycemic properties and aids pancreatic function.
4. **Neem (*Azadirachta indica*):** Supports blood purification and glucose balance.
5. **Guduchi (*Tinospora Cordifolia*):** Immunomodulator and detoxifier.
6. **Triphala:** Antioxidant-rich, supports digestion and toxin elimination.
7. **Vijaysar:** Traditionally used for diabetes management and pancreatic support.
8. **Shilajit, Methi, Haldar, and other herbs:** Aid in metabolism, digestion, and immunity.

Key Benefits:

1. Helps manage blood sugar levels naturally.
2. Supports healthy insulin secretion and function.
3. Aids in reducing sugar cravings and absorption.
4. Strengthens immunity and improves digestion.
5. Promotes pancreatic health.
6. Contains natural antioxidants and anti-inflammatory compounds.
7. Improves energy levels and stamina.
8. Supports healthy weight management.

Indications:

1. Type 2 Diabetes mellitus
2. Pre-diabetic conditions
3. Insulin resistance
4. Metabolic syndrome
5. Fatigue and low immunity in diabetics
6. Digestive issues related to hyperglycemia
7. Herbal support in long-term glucose control

Directions for Use:

1. Mix **1 teaspoon (approx. 5 g)** of powder in **lukewarm water**.
2. Stir well and consume **twice daily**, preferably **30 minutes before meals**.
3. Or use as directed by a qualified Ayurvedic physician.

Dosage and Administration:

1. **Adults:** 5 g powder twice daily before meals.
2. **Use Duration:** Can be used long-term as part of lifestyle management.
3. **Not suitable for children** unless prescribed by a physician.
4. Regular monitoring of blood glucose is advised during use.

Safety Information:

1. Use under the supervision of a healthcare professional.
2. Avoid overdose.
3. Safe for long-term use when taken as advised.
4. Not recommended during pregnancy and lactation without medical advice.
5. Keep away from direct sunlight and moisture.
6. Keep out of reach of children.

Mechanism of Action:

- **Gudmar and Karela** work by inhibiting glucose absorption in the intestines and stimulating insulin secretion from pancreatic β -cells.
- **Jamboo and Vijaysar** help regenerate pancreatic cells and improve glucose utilization in peripheral tissues.
- **Triphala and Neem** aid in reducing oxidative stress, which is often elevated in diabetics.
- **Shilajit and Guduchi** enhance cellular function, act as adaptogens, and modulate immune responses.
- The combined polyherbal action results in sustained glucose control, better insulin sensitivity, and improved metabolic health.

Contraindications:

1. Hypersensitivity to any of the herbal components.
2. Not recommended for pregnant or lactating women without physician advice.
3. Not suitable for patients on insulin without medical supervision.
4. Should not be used with other hypoglycemic drugs without consultation.

Side Effects:

1. Generally well-tolerated when taken as per recommended dose.
2. Rarely may cause mild gastrointestinal upset or flatulence.
3. Hypoglycemia may occur if combined with anti-diabetic drugs without monitoring.

Important Notice:

- This product is a **herbal supplement**, not a replacement for medical treatment.
- Regular monitoring of blood sugar is essential.
- Should be used alongside lifestyle changes and a balanced diet.
- Results may vary depending on individual health condition.

Storage Condition:

1. Store in a **cool, dry place** away from direct sunlight.
2. Keep the container **tightly closed** after every use.
3. Do not use if the seal is broken or powder is clumped.

Packaging type:

- Packaging Type: HDPE Jar Pack.
- Packaging: 200 gm .
- Clearly labeled with dosage instructions and warnings.