

Brand Name: BRAIN HUB SYRUP

Composition: (Ayurvedic Brain Tonic) Brahmi +Mandukparni+ Shankhpushpi+ Ashwagandha+ Jatamasi+ Tagara+ Almond+ Amla, Vacha+ Haritaki+ Guduchi+ Jyotismati+ Sunth+ Baheda+ Jayphal+ Arjuna+ Vidari+ Saunf

Dosage Form: Syrup

Category: Ayurvedic Brain Tonic / Memory Enhancer / Nervine Support

Packaging Type: PET Bottle

Packaging: 200 ml

Brief Product Information:

BRAIN HUB is a scientifically balanced Ayurvedic syrup manufactured by **AstraEureka Pharmaceutical**, a reputed **manufacturer of herbal compositions**. It is specially formulated to support mental alertness, enhance memory retention, improve focus, and reduce stress and fatigue. Combining adaptogenic and nootropic herbs like Brahmi, Shankhpushpi, Ashwagandha, and Jatamasi, BRAIN HUB is ideal for students, professionals, and elderly individuals needing cognitive support.

Composition:

Each 5 ml contains extract derived from:

- Brahmi (Bacopa monnieri)Wholeplant.....144 mg A.B.
- Shankhpushpi (Convolvulus pluricaulis)Wholeplant.....100 mg A.B.
- Mandukparni (Centella asiatica)Wholeplant.....50 mg A.B.
- Ashwagandha (Withania somnifera)Root.....52 mg A.B.
- Shankhvali (Evolvylus alsinoides)Wholeplant.....52 mg A.B.
- Jatamasi (Nardostachys jatamansi)Rhizome.....52 mg A.B.
- Tagara (Valeriana wallichii)Root.....50 mg A.B.
- Vidanga (Embelica ribes) Root.....50 mg A.B.
- Almond (Prunus amygdalus)Seed.....50 mg A.B.
- Vacha (Acorus calamus)Rhizome.....40 mg A.B.
- Haritaki (Terminalia chebula)Fruit.....70 mg A.B.
- Amlaki (Embelica officinalis)Fruit.....70 mg A.B.
- Guduchi (Tinospora cordifolia)Stem.....80 mg A.B.
- Jyotismati (Celastrus paniculatus)Seed.....30 mg A.B.
- Shyonaka (Oroxylum indicum)Root.....30 mg A.B.
- Atmagupta (Mucuna pruriens)Seed.....15 mg BHP
- Elayachi (Elettaria cardamomum)Seed.....15 mg A.B.
- Arjuna (Terminalia arjuna)Root.....20 mg A.B.
- Saunf (Foeniculum vulgare)Seed.....20 mg A.B.
- Vidari (Pueraria tuberosa)Tuber.....20 mg A.B.
- Sunth (Zingiber officinale)Rhizome.....14 mg A.B.
- Baheda (Terminalia belerica)Fruit.....14 mg A.B.

- Jayphal (Myristica fragrans)Fruit.....14 mg A.B.
- Laving (Syzygium aromaticum)Leaves.....10 mg A.B.
- Sonamukhi (Cassia angustifolia)Leaves.....10 mg A.B.
- **Base:**
Sugar.....q.s

Preservatives:

- Sodium Benzoate.....10 mg (IP)
- Sodium Methyl Paraben.....6 mg (IP)
- Sodium Propyl Paraben.....3 mg (IP)

Key Ingredients

- **Brahmi, Mandukparni, Shankhpushpi:** Enhance memory, cognitive function, and focus
- **Ashwagandha, Jatamasi, Tagara:** Reduce mental stress and anxiety, promote calmness
- **Almond, Amla, Vacha, Haritaki:** Nourish brain tissues and support nerve rejuvenation
- **Guduchi, Jyotismati:** Enhance intellect, learning, and immune response
- **Arjuna, Vidari, Saunf:** Improve circulation and overall vitality
- **Sunth, Baheda, Jayphal:** Improve digestion and strengthen neurological function

Key Benefits:

1. Enhances concentration and learning capacity
2. Boosts memory retention and recall
3. Reduces mental fatigue and exhaustion
4. Helps manage stress, anxiety, and nervous tension
5. Supports calm sleep and emotional well-being
6. Acts as a brain tonic for children, students, adults, and elderly
7. Improves overall mental clarity and alertness

Indications:

1. Weak memory and concentration
2. Mental fatigue and forgetfulness
3. Exam stress and anxiety
4. Sleeplessness due to overthinking
5. Nervous debility
6. ADHD or hyperactivity in children
7. Cognitive decline in elderly

Directions for Use:

1. Shake the bottle well before use
2. Take directly or mix with lukewarm water or milk
3. Follow physician's advice for individual dosage

Dosage and Administration:

1. **Children (6–12 years):** 5 ml twice daily after meals
2. **Adults:** 10–15 ml twice daily after meals
3. **Elderly:** 10 ml twice daily or as advised
4. Continuous use for 2–3 months is recommended for best results

Safety Information:

1. Read label before use
2. Do not exceed recommended dosage
3. Use under medical supervision, especially in children
4. Store in original bottle away from heat and sunlight
5. Not suitable for diabetics due to sugar base
6. No known interactions with modern medicine

Mechanism of Action:

- **Nootropic Effect:** Herbs like Brahmi, Jyotismati, and Mandukparni support neurotransmitter function and neuron communication
- **Adaptogenic Support:** Ashwagandha and Jatamasi reduce cortisol levels, promoting emotional balance
- **Neuro-nourishment:** Amla, Almond, and Vacha nourish brain tissues and rejuvenate nervous system
- **Cognitive Enhancement:** Shankhpushpi and Guduchi promote learning, memory formation, and retention
- **Antioxidant Defense:** Amla and Guduchi protect brain cells from oxidative stress

Contraindications:

1. Hypersensitivity to any herbal ingredient
2. Use in pregnancy and lactation only under supervision
3. Avoid in diabetic patients due to sugar content

Side Effects:

1. No major side effects reported in recommended doses
2. Mild gastric discomfort or drowsiness may occur in rare cases
3. Discontinue use if any unusual symptoms appear and consult a physician

Important Notice:

- Ayurvedic brain tonic, not a replacement for medical treatment in severe neurological disorders
- Best used as supportive care under supervision
- Results may vary depending on individual condition and lifestyle
- Adequate sleep, hydration, and healthy diet enhance effectiveness

Storage Condition:

1. Store in a cool, dry place
2. Protect from direct sunlight and moisture
3. Keep bottle tightly closed after every use
4. Do not freeze

Packaging Information:

- **Pack Size:** 200 ml
- **Bottle Type:** PET Bottle with box pack.