

Brand Name: POVODINE GARGLE

Composition: Povidone-Iodine IP 2% w/v in a mint flavoured aqueous base q.s.

Dosage Form: Solution

Category: Antiseptic / Antimicrobial Gargle

Packaging Type: PET Amber Bottle

Packaging: 100 ml

Brief Product Introduction:

POVODINE GARGLE is a powerful antiseptic gargle formulated with **Povidone-Iodine IP 2% w/v**, designed to provide rapid and broad-spectrum antimicrobial action in the oral and pharyngeal region. It is manufactured by **AstraEureka Pharmaceutical**, a trusted **manufacturer of povidone-iodine composition**. This mint-flavoured solution helps relieve throat infections, reduce microbial load, and maintain oral hygiene, especially during seasonal infections and post-surgical care.

Composition:

Each ml contains

povidone-iodine IP.....2%w/v

mint flavoured aqueous base.....q.s.

Key Ingredients:

- **Povidone-Iodine IP 2% w/v** – Broad-spectrum antiseptic
- **Mint flavoured aqueous base q.s.** – Enhances taste and user compliance

Key Benefits:

- Kills a wide range of bacteria, viruses, and fungi
- Provides rapid relief from sore throat and throat infections
- Supports oral hygiene in post-surgical or infected states
- Mint flavour improves taste and patient acceptance
- Helps prevent secondary infections in oral cavity and throat

Indications:

- Relief from **sore throat** and **pharyngitis**
- Management of **oral and throat infections**
- **Pre- and post-operative** oral and throat hygiene
- **Gargle before medical or dental procedures** to reduce microbial contamination
- Supportive treatment during **respiratory tract infections**

Directions for Use:

- Dilute with equal volume of warm water if necessary
- Gargle with **10–15 ml** for **at least 30 seconds**, then spit out
- Use **2–3 times daily**, or as advised by a healthcare provider
- Do not swallow

Doses and Administration:

- **Adults and children above 12 years:** 10–15 ml undiluted or diluted, 2–3 times daily
- **Children 6–12 years:** Use only under medical supervision
- Not recommended for **children below 6 years** unless specifically prescribed
- Shake well before use

Safety Information:

- For **external use only** (do not swallow)
- Avoid contact with **eyes and ears**
- Discontinue if irritation, rash, or allergic symptoms occur
- Use only under medical supervision in **thyroid disorders**
- Keep away from **infants and children**

Mechanism of Action:

Povidone-iodine is a complex of polyvinylpyrrolidone (povidone) and elemental iodine. On contact with tissue, it **releases free iodine**, which rapidly penetrates microbial cell walls and disrupts **protein and nucleic acid structure**, leading to microbial death. It is effective against **bacteria, viruses, fungi, protozoa, and spores**. Its **broad-spectrum action** and rapid onset make it an effective antiseptic for oral and throat infections.

Contraindications:

- **Known hypersensitivity** to iodine or povidone-iodine
- **Hyperthyroidism or other thyroid disorders**
- Patients undergoing **radioactive iodine therapy**
- **Pregnancy and lactation** (use only if prescribed)

Side Effects:

- Temporary **staining of teeth and mucosa**
- **Burning or irritation** of the throat or mouth
- Rare cases of **allergic reactions**, itching, or rash

- **Thyroid dysfunction** with prolonged use or ingestion
- **Metallic taste** may be experienced

Important Notice:

- For **gargling only**, do not ingest
- Not intended for prolonged use unless advised by a physician
- Do not use if the solution changes color or becomes cloudy
- Always **follow the recommended dose and frequency**
- Use cautiously in patients with **renal impairment** or **lithium therapy**

Storage Condition:

- Store below **30°C**.
- Keep away from **direct sunlight and moisture**.
- Keep the bottle tightly closed after use.
- Keep out of reach of **children and pets**.

Packing Information:

- Available in **PET amber bottle** to protect from light.
- Pack size: **100 ml**.



The AstraEureka Pharmaceuticals logo is centered on the page. It features a stylized 'A' icon to the left of the brand name 'AstraEureka' in a large, bold, sans-serif font, with 'PHARMACEUTICALS' in a smaller font below it. A large, circular watermark is visible in the background, containing the text 'Trusted Quality Products From AEP' twice. Above the logo, there is a small illustration of a medicine bottle and two pills.