

**Brand Name: LIVO-A CAPSULE**

**Composition:** an ayurvedic property capsule

**Dosage Form:** Capsule

**Category:** Ayurvedic Liver Tonic / Hepatoprotective

**Packaging Type:** BLISTER

**Packaging:** 10 x 10

**Brief Product Information:**

LIVO-A is an Ayurvedic formulation manufactured by **AstraEureka Pharmaceutical**, a trusted **manufacturer of composition** involving potent herbs like **Phyllanthus niruri**, **Solanum nigrum**, **Cichorium intybus**, and **Boerhavia diffusa**. This herbal capsule supports liver function, detoxifies the liver, and promotes healthy digestion. It is designed to manage liver disorders naturally with minimal side effects.

**Composition:**

**Each hard gelatin capsule contains:**

- Bhoi Amli (Phyllanthus niruri Panchang) A.B.....150 mg
- Makoi (Solanum nigrum Panchang) A.B.....250 mg
- Kasni (Cichorium intybus Beej) A.B.....150 mg
- Punarnava (Boerhavia diffusa Root) A.B.....100 mg
- Sodium Benzoate IP.....3 mg
- Sodium Methyl Paraben IP.....2 mg
- Sodium Propyl Paraben IP.....4 mg

**Key Ingredients:**

- **Phyllanthus niruri (Bhoi Amli):** Known for antiviral and hepatoprotective properties. Supports liver detoxification.
- **Solanum nigrum (Makoi):** Traditionally used for its anti-inflammatory and liver-protecting effects.
- **Cichorium intybus (Kasni):** Enhances bile secretion, supports liver metabolism, and improves digestion.
- **Boerhavia diffusa:** Acts as a rejuvenator and protects liver cells from damage.
- **Preservatives (Sodium Benzoate, Methyl Paraben, Propyl Paraben):** Ensure formulation stability and shelf-life.

**Key Benefits:**

1. Helps protect the liver from toxins, infections, and oxidative stress.
2. Aids in regeneration of liver cells and tissue repair.

3. Promotes bile flow and improves liver metabolism.
4. Supports digestion and relieves symptoms of indigestion, bloating, and gas.
5. Useful in fatty liver, alcoholic liver damage, hepatitis, and drug-induced hepatotoxicity.

### **Indications:**

1. Liver dysfunction and hepatomegaly
2. Fatty liver disease
3. Jaundice and hepatitis
4. Alcoholic liver damage
5. Indigestion and appetite loss
6. As a liver protective supplement during prolonged medication

### **Directions for Use:**

1. Swallow the capsule with water, preferably after meals.
2. Do not crush or chew the capsule.
3. Use regularly as prescribed by a physician or Ayurvedic practitioner.

### **Doses and Administration:**

1. **Adults:** 1 to 2 capsules twice daily after meals
2. **Children (above 12 years):** 1 capsule twice daily (if prescribed)
3. Course duration varies based on severity and chronicity of liver condition
4. Follow the dosage instructions provided by the healthcare provider

### **Safety Information:**

1. Safe for long-term use under professional supervision
2. Avoid use during pregnancy and lactation unless prescribed
3. Not recommended in children below 12 years without medical advice
4. Check for allergy to any herbal ingredient or preservatives
5. Do not exceed the recommended dose

### **Mechanism of Action:**

- **Phyllanthus niruri:** Exhibits hepatoprotective and antiviral activity; inhibits HBV DNA polymerase.
- **Solanum nigrum:** Reduces liver inflammation and enhances detoxification pathways.
- **Cichorium intybus:** Stimulates bile production, improving fat metabolism and digestive efficiency.

- **Boerhavia diffusa:** Acts as a liver tonic with antioxidant, anti-inflammatory, and cytoprotective properties.
- The synergistic action of these herbs restores liver function, promotes regeneration of liver tissue, and aids in systemic detoxification.

### **Contraindications:**

- Hypersensitivity to any of the herbal components or preservatives
- Severe liver cirrhosis with complications (only under strict medical guidance)
- Pregnancy and lactation (unless prescribed)

### **Side Effects:**

- Usually well tolerated in recommended dosage
- Mild gastric discomfort or loose stools in rare cases
- Allergic reactions are rare but possible in sensitive individuals

### **Important Notice:**

- LIVO-A is an **Ayurvedic prescription-based product**
- Not to be used as a substitute for medical treatment
- Consult a healthcare provider before use, especially if on other medications
- Regular monitoring is advised for chronic liver conditions

### **Storage Condition:**

1. Store in a cool, dry place away from sunlight and moisture
2. Keep out of reach of children
3. Do not use capsules beyond the expiry date

### **Packing Information:**

- **Primary Packaging:** Blister Strip
- **Quantity:** 10 capsules per strip
- **Secondary Packaging:** 10 strips per outer box (10 x 10)