

Brand Name: VITA-4K

Composition: vitamin E, octacosanol, omega-3 & omega-6 fatty acids

Dosage Form: Capsule

Category: Nutritional Supplement / Antioxidant

Packaging Type: Blister

Packaging: 10x10

Brief Product Information:

VITA-4K is a natural antioxidant-rich nutritional supplement manufactured by **AstraEureka Pharmaceutical**, a quality-driven manufacturer of composition. Each soft gelatin capsule contains 400 mg of pure Wheat Germ Oil, a natural source of Vitamin E and essential fatty acids. It supports cellular protection, skin health, reproductive wellness, and overall vitality. VITA-4K also delivers essential macronutrients like energy (4.008 kcal), fats, proteins, and carbohydrates in small but effective amounts. It is beneficial in oxidative stress, fatigue, skin dryness, and age-related deficiencies. Typically taken once daily after meals or as directed by a physician.

Composition:

Each soft gelatin capsule contains:

Wheat Germ Oil.....	400 mg
Energy.....	4.008 kcal
Carbohydrate.....	0.100 gm
Protein.....	0.002 gm
Fat.....	0.400 gm
Excipients.....	q.s.

Key Ingredients:

- Wheat Germ Oil
- Essential fatty acids
- Natural antioxidants

Key Benefits:

1. Supports antioxidant defense.
2. Promotes healthy skin and hair.
3. Aids reproductive health and hormonal balance.
4. Boosts energy and combats fatigue.
5. Helps in maintaining cellular integrity.

Indications:

1. Vitamin E deficiency.
2. General fatigue and weakness.
3. Skin dryness and aging.
4. Male and female reproductive support.
5. Antioxidant supplementation in chronic stress.
6. Dietary support for cardiovascular and neurological health.

Directions for Use:

1. Take one soft gelatin capsule daily.
2. Best taken after meals with water.
3. Do not chew or crush the capsule.
4. Use as directed by your healthcare provider.

Dosage and Administration:

1. One capsule once daily.
2. Can be increased based on individual need and medical advice.
3. Do not exceed the recommended daily dose.

Safety Information:

1. Not to be used in case of known allergy to wheat or gluten.
2. Avoid use in pregnancy and lactation without medical supervision.
3. Store out of reach of children.
4. Use cautiously in patients with fat malabsorption disorders.
5. Suitable for adults only unless advised by a physician.

Mechanism of Action:

- Wheat Germ Oil acts as a rich natural source of **Vitamin E (tocopherols)**, which functions as a lipid-soluble antioxidant.
- It protects cellular membranes from oxidative damage by neutralizing free radicals.
- The essential fatty acids in wheat germ oil support skin barrier function, reduce inflammation, and improve cardiovascular and reproductive health.
- The combined nutritional components promote tissue repair, energy production, and immune modulation, contributing to overall wellness.

Contraindications:

1. Hypersensitivity to wheat or gluten-containing products

2. Patients with celiac disease (without professional supervision).
3. Severe hepatic or renal dysfunction unless prescribed.
4. Not for pediatric use unless directed by a physician.

Side Effects:

1. Mild gastrointestinal discomfort.
2. Nausea or soft stools (rare).
3. Hypersensitivity reactions in gluten-sensitive individuals.

Important Notice:

- For dietary or therapeutic use only.
- To be taken under medical or nutritional supervision.
- Not a substitute for a varied, balanced diet.

Storage Conditions:

1. Store in a cool, dry place below 25°C.
2. Protect from sunlight and moisture.
3. Keep in original blister pack until use.

Packing Information:

- Packed in protective blister packaging.
- Each box contains 10 strips of 10 capsules (10x10).