

Brand Name: FIBOLEX Suspension

Composition: Liquid paraffin IP 1.25 ml + Milk of magnesia IP 3.75 ml + Sodium picosulphate BP 3.33 mg

Dosage Form: Suspension

Category: Laxative (combined stool softener and stimulant)

Packaging Type: PET bottle

Packaging: 170 ml

Brief Product Introduction:

FIBOLEX Suspension is a combined laxative containing liquid paraffin, milk of magnesia, and sodium picosulphate. It provides gentle yet effective relief from constipation, suitable for pre/postoperative use, bowel preparation, and patients with piles, hernia, cardiovascular issues, or limited mobility. Manufactured by **Astra eureka pharmaceuticals**.

Composition:

Each 5ml contains:

Liquid paraffine IP.....1.25 ml
Milk of megnesia IP.....3.75 ml
Sodium picosulphate B.P.....3.33 mg
Non-syrup base.....q.s.

Key Ingredients:

- **Liquid paraffin (1.25 ml/5 ml):** Lubricant that softens stools.
- **Milk of magnesia (3.75 ml/5 ml):** Osmotic laxative that draws water into the colon.
- **Sodium picosulphate (3.33 mg/5 ml):** Stimulant laxative enhancing colon contractions.

Key Benefits:

1. Offers dual action: stool softening and bowel stimulation.
2. Effective for constipation in piles, anal fissure, hernia, post-surgery, endoscopy prep, elderly or bedridden patients.
3. Sugar-free and gentle, suitable for short-term bowel regularity

Indications:

1. Short-term management of constipation related to piles, anal fissure, hernia, or cardiovascular complications.
2. Bowel emptying before procedures like endoscopy or radioscopy.

3. Management in postoperative, elderly, or bedridden individuals

Directions for Use:

1. Shake well before each use.
2. Use provided measuring cap for accurate dosing.
3. Take orally, with or without food, preferably consistently at the same time each day

Dose & Administration:

1. Use as prescribed by a physician.
2. Typically, for adults, 5–15 ml once daily until relief is achieved.
3. Do not exceed prescribed duration (generally no longer than one week) without medical advice .

Safety Information:

1. Stay adequately hydrated (6–8 glasses of water daily) to prevent dehydration .
2. May interact with tetracyclines, diuretics, and steroids; consult doctor before co-administration .
3. Not habit-forming when used correctly but may cause dependency if overused

Mechanism of Action:

- **Liquid paraffin** forms an oily layer easing stool passage
- **Milk of magnesia** increases water content via osmosis, softening stools and promoting movement
- **Sodium picosulphate** stimulates colonic nerve activity to increase peristalsis

Contraindications

1. Acute abdominal conditions: obstruction, undiagnosed pain, appendicitis
2. Pregnancy and breastfeeding unless directed by physician
3. Known hypersensitivity to components.

Side Effects

1. Common: diarrhea, abdominal cramps/discomfort, nausea, dizziness, muscle weakness, itching.
2. Possible dehydration or electrolyte imbalances with prolonged use .

Important Notice

- Limit use to short term (≤ 7 days).
- Seek medical attention if constipation recurs, persists >2 weeks, or is accompanied by severe pain or bleeding
- Avoid alcohol during treatment.

Storage Condition

1. Store in a cool, dry place away from sunlight.
2. Keep bottle tightly closed and out of reach of children

Packing Information

- Supplied in Box pack 170 ml PET bottle with measuring cap.

