

Brand Name: GYNO-A**Dosage Form: SYRUP****Category: Herbal Uterine Tonic / Women's Health Supplement****Packaging Type: PET BOTTLE****Packaging: 200 ML****brief product information:**

GYNO-A is a herbal uterine tonic syrup formulated by **AstraEureka Pharmaceutical**, available in a 200 ml PET bottle. It contains a potent blend of Ayurvedic ingredients including Ashok, Manjistha, Lodhar, Sankhpushpi, Brahmi, Shatavari, Jivanti, Dashmool, Amala, Harde, Draksh, and other key herbs like Ashwagandha, Punarnava, Gokshura, and Dhataki. This formulation supports female reproductive health by regulating the menstrual cycle, controlling excessive bleeding, relieving cramps, and strengthening uterine muscles. It is indicated for irregular periods, menorrhagia, leucorrhoea, PMS, and general uterine weakness. The syrup works by balancing hormones, reducing inflammation, and improving uterine tone. The recommended dosage is 10 ml twice daily after meals or as directed by a physician.

Composition:

- Ashok (Saraca Indica) Bark.....A.B. 1500 mg
- Manjistha (Rubia Cordifolia) Stem.....A.B. 100 mg
- Lodhar (Symplocos Racemosa) Bark.....A.B. 500 mg
- Sankhpushpi (Convolvulus Pluricaulis) Wholeplant.....A.B. 50 mg
- Brahmi (Bacopa Monnieri) Wholeplant.....A.B. 50 mg
- Gokshura (Tribulus Terrestris) Fruit.....A.B. 50 mg
- Punarnava (Boerhavia Diffusa) RootA.B. 25 mg
- Ashwagandha (Withania Somnifera) Root.....A.B. 50 mg
- Daruharidra (Berberis Aristata) Stem.....A.B. 25 mg
- Nagarmotha (Cyperus Rotundus) Root.....A.B. 50 mg
- Gorakhmundi (Sphaeranthus Indicus).....A.B. 25 mg
- Shatavari (Asparagus Racemosus) Root.....A.B. 200 mg
- Jivanti (Leptadenia Reticulata).....A.B. 50mg
- Dashmool Kwath (Roots of ten herbs).....A.B. 80 mg
- Amala (Embllica Officinalis) Fruit.....A.B. 200 mg
- Harde (Terminalia Chebula) Fruit.....A.B. 200 mg
- Babool (Vachellia Nilotica) Gum.....A.B. 200 mg
- Draksh (Vitis Vinifera) Fruit.....A.B. 20 mg
- Vasaka (Adhatoda Vasica) Leaf.....A.B. 20 mg
- Kamal (Nelumbium Speciosum) Wholeplant.....A.B. 10 mg
- Vidari (Pueraria Tuberosa) Tuber.....A.B. 20 mg
- Dhataki (Woodfordia Fruticosa) Flower.....A.B. 170 mg

- Base (Sugar).....Q.S.

Key Ingredients:

Ashok, Manjistha, Lodhar, Sankhpushpi, Brahmi, Gokshura, Punarnava, Ashwagandha, Daruharidra, Nagarmotha, Shatavari, Dashmool, Amala, Harde, Draksh, Jivanti, Dhataki, Vasaka, Kamal, Vidari

Key Benefits:

1. Regulates menstrual cycle
2. Relieves menstrual cramps and excessive bleeding
3. Supports reproductive health
4. Balances female hormones
5. Provides antioxidant and anti-inflammatory support
6. Strengthens the uterus and overall female reproductive system

Indications:

1. Irregular menstruation
2. Menorrhagia (heavy periods)
3. Leucorrhoea
4. Premenstrual Syndrome (PMS)
5. General uterine weakness
6. Hormonal imbalance in women

Directions for Use:

1. Shake well before use
2. As directed by the physician

Dosage and Administration:

1. Adults: 2 teaspoons (10 ml) twice daily after meals
2. Or as prescribed by the healthcare provider

Safety Information:

1. Keep out of reach of children
2. Not to be used during pregnancy without medical supervision
3. Read the label carefully before use
4. Store in a cool, dry place away from direct sunlight

Mechanism of Action:

- The combination of herbs like Ashok, Lodhar, and Shatavari exerts a uterine tonic effect by regulating estrogenic activity and enhancing uterine muscle tone.
- Anti-inflammatory herbs like Daruharidra and Brahmi help reduce pelvic inflammation.
- Adaptogenic herbs like Ashwagandha and Jivanti improve stress response and hormonal balance.
- Antioxidants such as Amala and Harde support detoxification and cellular repair.

Contraindications:

1. Pregnancy (unless advised by a physician)
2. Known hypersensitivity to any of the herbal components

Side Effects:

1. Generally well tolerated
2. Mild gastric discomfort may occur in sensitive individuals

Important Notice:

- This product is a herbal supplement and not a substitute for medical treatment.
- Consult your physician before use, especially in cases of chronic illness or ongoing medication.

Storage Condition:

1. Store in a cool and dry place.
2. Do not refrigerate.
3. Keep away from direct sunlight.

Packing Information:

1. Available in 200 ml PET bottle with measuring cap.
2. Herbal uterine tonic – Manufacturer of complete herbal formulation for female reproductive health