# **Brand Name: HB-FOR-XT plus TABLET**

Composition: Ferrous Ascorbate + Folic Acid + Zinc Sulphate & vitamin B12

**Dosage Form:** Tablets

Category: Nutritional Supplement / Hematinic

Packaging Type: ALU-ALU Pack

Packaging: 3x10 tablets

# **Brief product Introduction:**

HB-FOR-XT plus is a premium hematinic and nutritional supplement manufactured by AstraEureka Pharmaceutical, designed to effectively combat iron deficiency anemia and related nutritional deficiencies. This scientifically formulated tablet combines Ferrous Ascorbate, Folic Acid, and Zinc Sulphate, ensuring enhanced iron absorption, improved red blood cell formation, and strengthened immunity. Ideal for use in pregnancy, lactation, general weakness, and post-operative recovery, HB-FOR-XT plus offers superior bioavailability and gastrointestinal tolerance, making it a trusted choice among healthcare professionals.

### **Composition:**

#### **Each tablet contains**

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Ferrous Ascorbate		
eq. to elemental iron	100 mg	
Folic Acid	1.5 mg	m TM
Zinc Sulphate	Pa-II	rcka
eq. to elemental Zinc	22.5 mg	Cha
Vitamin B12	15 mcg	EUTICALS
Excipients		/ /

## **Key Ingredients:**

- **Ferrous Ascorbate:** A stable iron compound providing better iron absorption with minimal gastrointestinal irritation.
- **Folic Acid:** Essential B-vitamin that helps in red blood cell formation and prevents neural tube defects.
- **Zinc Sulphate:** Supports immune function and enhances iron absorption and metabolism.

# **Key Benefits:**

- 1. Effective treatment for iron deficiency anemia
- 2. Supports hemoglobin formation
- 3. Prevents and treats nutritional deficiencies during pregnancy and lactation
- 4. Enhances immunity and cellular function
- 5. Safe and gentle on the gastrointestinal tract

## **Indications:**

- 1. Iron deficiency anemia
- 2. Nutritional anemia during pregnancy and lactation
- 3. Post-surgical anemia
- 4. General fatigue due to iron depletion
- 5. Anemia due to chronic blood loss

## **Directions for Use:**

1. To be taken orally with water after meals or as directed by the physician

#### **Doses and Administration:**

- 1. Adults:
  - One tablet once daily or as prescribed
  - Should be taken regularly for optimum benefits

### **Safety Information:**

- 1. Not to be taken with dairy products or antacids
- 2. Keep out of reach of children
- 3. Use under medical supervision especially during pregnancy
- 4. Avoid overdose may cause iron toxicity

#### **Mechanism of Action:**

 Ferrous Ascorbate: Iron in the ferrous form is more bioavailable and is absorbed in the duodenum. Ascorbic acid enhances absorption by reducing ferric to ferrous form and preventing oxidation, increasing gastrointestinal uptake.

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- **Folic Acid:** Participates in DNA synthesis and red blood cell maturation by converting to tetrahydrofolate, essential for purine and pyrimidine synthesis.
- Zinc Sulphate: Functions as a cofactor for various enzymes involved in metabolic pathways and supports iron mobilization and immunity enhancement.

#### **Contraindications:**

- 1. Hypersensitivity to any component
- 2. Hemochromatosis, hemosiderosis
- 3. Pernicious anemia or other non-iron deficiency anemias
- 4. Peptic ulcer (active)

### **Side Effects:**

- 1. Mild gastrointestinal discomfort
- 2. Constipation or diarrhea
- 3. Nausea or metallic taste
- 4. Rarely, allergic reactions

# **Important Notice:**

- Nutritional supplements should not be used as a substitute for a balanced diet
- Not intended for the treatment of chronic diseases without medical advice

# **Storage Condition:**

- store in a cool, dry place.
  Protect from direct sunlight and moisture.
  closed in original pack.

# **Packing Information:**

- 3 Strips of 10 Tablets each in ALU-ALU pack( 3 × 10 tablets).
- Product available in tamper-evident packaging for safety.



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