

Brand Name: HARCAL-500

Composition: calcium & vitamin D3 tablets

Dosage Form: Tablets

Category: Nutritional Supplement

Packaging Type: Blister Pack

Packaging: 10 × 15 Tablets

Brief Product Information:

HARCAL-500 is a scientifically formulated zero-calorie nutritional support tablet manufactured by **AstraEureka Pharmaceuticals**. It contains negligible energy, no sugar, fat, or protein, making it highly suitable for patients managing diabetes, obesity, or other calorie-restricted conditions. This supplement helps maintain nutritional balance without contributing to overall caloric load.

Composition:

Each tablet contains:

Energy.....0.024 Kcal
Total Carbohydrates.....0.006 gm
Sugar.....0.00 gm
Protein.....0.00 gm
Fat.....0.00 gm

Calcium carbonate.....1250 mg

Eq. to elemental calcium.....500mg

Vitamin D3.....6.25mcg

Key Ingredients:

- Trace nutrients and excipients (Q.S.)
- No added sugars, fats, or proteins

Key Benefits:

1. Supports metabolic balance.
2. Ideal for calorie-conscious individuals.
3. Safe for diabetics and weight-loss programs.
4. Can be used as a part of vitamin/mineral supplementation.

Indications:

1. Nutritional maintenance in chronic illness
2. Adjuvant in long-term nutritional therapy
3. Suitable for patients on restricted diets

4. Can be used in geriatrics and general wellness

Directions for Use:

1. To be taken orally with water
2. One tablet once or twice daily or as directed by a healthcare provider

Doses and Administration:

- Recommended dosage: 1 tablet daily
- Dosage may be adjusted by a physician based on the individual's dietary needs

Safety Information:

1. Safe for long-term use when taken as directed
2. Does not interfere with blood glucose or fat levels
3. Suitable for all age groups unless otherwise specified by a physician
4. Should not be taken in place of a complete meal or diet

Mechanism of Action:

- HARCAL-500 provides supportive nutrients essential for basic metabolic functions without supplying calories.
- The minimal carbohydrate content (0.006 gm) ensures it does not impact blood sugar levels, making it suitable for patients needing micronutrient intake without macronutrient load.
- It assists in the physiological function of body cells by supporting enzymatic and hormonal functions subtly and efficiently.

Contraindications:

1. Known hypersensitivity to any excipients
2. Not suitable for use as a sole nutritional source
3. Patients with severe malnutrition should consult a doctor before use

Side Effects:

1. Generally well-tolerated
2. Rarely, mild gastrointestinal discomfort if taken on an empty stomach

Important Notice:

- Not a substitute for a balanced diet
- Use only under medical supervision in case of chronic illness
- Not intended for parenteral use

Storage Condition:

1. Store below 25°C in a cool, dry place
2. KeSep away from direct sunlight and moisture
3. Keep out of reach of children

Packing Information:

- 10 strips per pack
- 15 tablets per strip
- 10 × 15 TABLETS blister packaging ensures dosing convenience and protection from contamination

